SPT 161: Food Chemistry

Homework 5: Due October 14, 2015

For all the questions, your answers should be written in complete sentences.

- 1. Why are flavors prepared in oils?
- 2. Why do plants have such powerful flavors?
- 3. Draw the structure of a terpene, a phenolic compound and a pungent flavor compound
- 4. What causes a green yolk in a hard-boiled egg? What are some ways to prevent this?
- 5. Why can you make foam out of eggs but not water?
- 6. What are the three "enemies" of foams?
- 7. Why is beef red while chicken is white meat?
- 8. Myoglobin is the main pigment in meat. What is its function and how does it change colors?
- 9. How does rigor mortis affect the tenderness of meat?
- 10. What is happening when meat spoils? What causes the smell and how can you prevent it?
- 11. What kinds of meats fall into the category of offal?