SPT 161: Food Chemistry

Homework 7: November 6, 2015. Pgs: 93-123; 177-214

For all the questions, your answers should be written in complete sentences.

- 1. What is the difference between baking soda and baking powder?
- 2. How can a company label a package 95% fat free if there is in fact fat in the product?
- 3. What recipes should cream of tartar be used in?
- 4. What is the main ingredient in imitation vanilla extract?
- 5. How are hominy grits made?
- 6. MSG is the source of a lot of controversy. What are 3 sources of glutamate and why is there such a controversy around it?
- 7. Looking at box of cake mix there is always instructions for cooking at high altitudes, why is that on the box? Shouldn't cake bake the same everywhere?
- 8. What is freezer burn and how can you prevent it?
- 9. If you are cooking with wine and are under 21 should you be worried about underage drinking? Why or why not?
- 10. How is charcoal made and what gives food cooked over charcoal such a different flavor?