

Milk and Cheese

I. History – only a few ruminant produce most of the worlds milk supply

A. Cow



B. Buffalo

C. Yak



D. Goat/Sheep

E. Camel

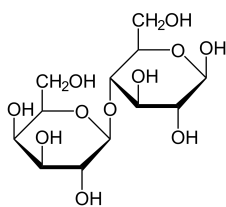
II. Dairying



III. Milk and Health

A. Nutrients

a. Lactose



B. Milk and Chemistry

IV. Milk proteins, curds and whey



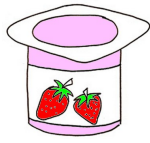
V. Cooking with Milk

VI. Milk foam

VII. Butter and Margarine



VIII. Yogurt



IX. Cheese
A. Milk

B. Rennet



C. Making Cheese

a. Curdling



b. Draining, salting



c. Ripening

d. Diversity

e. Storing

f. Cooking

